

**SECTION: 3000 CURRICULUM AND INSTRUCTION  
REQUIRED TIME FOR PHYSICAL EDUCATION**

*Policy Code: 3710  
Approved:*

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**Required Time for Physical Education**

Brevard Academy will require 150 minutes per week for grades K-5 and 225 minutes per week for grades 6-8 of physical education for all students.

Per the NCDPI Healthy Active Children Policy, Section 4.A.1&2:

“(1) Elementary schools should consider the benefits of and move toward having 150 minutes of quality Physical Education per week with a certified Physical Education teacher throughout the school year. (2) Middle schools should consider the benefits of and move toward having 225 minutes per week of Healthful Living Education”

(North Carolina State Board of Education Policy Manual - Policy No. HRS-E-000, N.C. Bd. of Educ. Section 4, available at <http://sbepolicy.dpi.state.nc.us/policies/HRS-E-000.asp?pri=03&cat=E&pol=000&acr=HRS>)