

Withholding Physical Activity

Brevard Academy will prohibit using physical activity or withholding physical activity as punishment.

Per the NCDPI Healthy Active Children Policy, Section 5.B: “Recess and physical activity shall not be taken away from students as a form of punishment; furthermore, exercise shall not be assigned for use as a form of punishment for students.”

- No student shall be forced to perform physical activity as means of punishment.
 - Community service projects may be assigned and completed as restitution upon the approval of school administration, the student, and the student’s parent/guardian.
- Recess and Physical Education will not be withheld from students as a form of punishment.
 - A student may be removed from these activities in the instance that immediate behavioral intervention is required or they are assigned a suspension.

(North Carolina State Board of Education Policy Manual - Policy No. HRS-E-000, N.C. Bd. of Educ. Section 5, available at <http://sbepolicy.dpi.state.nc.us/policies/HRS-E-000.asp?pri=03&cat=E&pol=000&acr=HRS>)